

Open My Life, Lord – 40 Days of Change

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17 <i>Ash Wednesday</i> 50¢ if you own a house 25¢ if you rent a home	18 5¢ for every book shelf in your home	19 5¢ for each suitcase you own	20 5¢ for every hour you watched TV today

First Week of Lent:

Paul saw the light of Christ shining around him on the road to Damascus. As individuals and communities, what do we have difficulty seeing? How does our perspective change when we view the world through the eyes of Christ?

Readings: Isaiah 42:5-9; Psalm 119:17-24; Acts 26:4-18

Prayer:

Open our eyes, Lord, to perceive your desire for the world. Remove those things that block our vision and widen our gaze to encompass all you would have us see. In Jesus' name we pray. Amen!

21 1 st Sunday in Lent – Open My Eyes, Lord	22 15¢ for each snack you ate today	23 1¢ for every electrical outlet in your home	24 25¢ if you have a job or pension	25 15¢ for each coffee pot in your home	26 5¢ for each plant in your home	27 25¢ for each meal you eat from a restaurant this week
---	---	---	---	--	---	--

Second Week of Lent:

We use our hands to pick up a child, to serve a meal, to play an instrument, to wipe away a tear. Jesus used his hands for healing and for deeds of great power, and the psalmist reminds us that we are always held fast in God's hands. In Deuteronomy, Moses encourages us to open our hands in service to others.

Readings: Deuteronomy 15:7-11; Psalm 139:1-10; Mark 6:1-5

Prayer:

Open our hands, Lord, to reach out to a world in need. May our arms enfold those who sorrow, our palms bear mercy and grace, and our fingers point to your love. In Jesus' name we pray. Amen!

Open My Life, Lord – 40 Days of Change

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 2 nd Sunday in Lent – Open My Hands, Lord	1 10¢ for each cookie jar and/or candy dish in your home	2 10¢ for each credit card and/or ATM card you have	3 25¢ if you have health insurance	4 5¢ for every room in your home	5 1¢ for every light bulb in your home	6 5¢ for every heater and/or fireplace in your home

Third Week of Lent:

Ancient Greek philosophy notes that we have two ears and one mouth so that we can listen twice as much as we speak. Jesus reminds us that we sometimes hear but don't listen, listen but don't understand. Opening our ears isn't as easy as it sounds.

Readings: Isaiah 50:4-5; Psalm 40:1-8; Matthew 13:10-17

Prayer:

Open our ears, Lord, to heed your will for our lives. Help us not only to hear, but to listen and understand with our hearts. In Jesus' name we pray. Amen!

7 3 rd Sunday in Lent – Open My Ears, Lord	8 25¢ for every car you own	9 25¢ for every cell phone you own	10 10¢ for every TV in your home	11 15¢ for every computer device you own	12 1¢ for every can of food in your pantry	13 25¢ if you have cable, satellite, or streaming TV service
--	-----------------------------------	--	--	---	---	--

Fourth Week of Lent:

Listening to Paul's teaching, Lydia opened her heart to God and was baptized. Her willing, trusting faith echoes down through the centuries as we witness her "open heart procedure."

Readings: 2 Corinthians 6:1-13; Psalm 28; Acts 16:11-15

Prayer:

Open our hearts, Lord, and fill us with your love. Grant us strength and courage, remove our hard-heartedness, and turn us always to you. In Jesus' name we pray. Amen!

Open My Life, Lord – 40 Days of Change

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 4 th Sunday in Lent – Open My Heart, Lord	15 5¢ for every coat/jacket you own	16 3¢ for every pair of shoes you own	17 10¢ for every bed in your home	18 15¢ for every bathroom in your home	19 1¢ for every chair or sofa in your home	20 2¢ for every window in your home

Fifth Week of Lent:

Moses presents us with a choice: death and adversity, or a life cracked open to the love of God. Writing to the Galatians, Paul tells us that we have died to the law so that we might live to God. It is no longer we who live, but Christ who lives in us.

Readings: Deuteronomy 30:15-20; Psalm 16; Galatians 2:15-21

Prayer:

Open our lives, Lord, to reflect your glory. Lead us to the cross, to the grave, to the empty tomb, and into the world as imitators of Christ. In Jesus' name we pray. Amen!

21 5 th Sunday in Lent – Open My Life, Lord	22 20¢ for every person in your home	23 50¢ for every bank account you have	24 10¢ for every pair of jeans/pants you own	25 5¢ for every lamp in your home	26 15¢ for every doctor and dentist you have	27 5¢ for each pair of gloves you own
---	---	--	---	---	---	---

Holy Week

Lord of all life,

when we cannot see the beauty of your creation, open our eyes, that all living things thrive and grow.

When we neglect the poor, the sick, and the grieving, open our hands to do your work in the world.

When we ignore the cries of injustice in our midst, open our ears, that all will know your love.

When we are hardened against our neighbor, open our hearts and heal our resentment.

When we are closed to the grace you long to give us, open our lives and turn us to follow in the way of the cross.

Into your hands, gracious God, we commend all for whom we pray, trusting in your mercy; through Jesus Christ, our Savior. Amen!

Open My Life, Lord – 40 Days of Change

March						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 Passion Sunday / Holy Week	29 2¢ for each medicine you take	30 5¢ for each electronic game or app you have	31 25¢ for each bicycle you own			
April						
				1 10¢ for every tree in your yard	2 2¢ for every can of soda and/or bottle of water in your fridge	3 50¢ if you own a swimming pool or have a membership to a pool
4 Easter 						

Money collected will serve Sisters of Solace:

Sisters of Solace is a ministry that offers hospitality and a sacred space for women to heal from trauma and addiction. The model for our community is very simple. **We're here to offer compassion for healing and opportunities to lead a financially independent life.** We also recognize that simple doesn't mean easy. Healing takes time, intentionality and hard work. Sisters in our home get as much out of their stay with us as they're willing to put in. In our home, the sisters can expect support and guidance for setting goals and charting a course for achieving them. Our Advocates help remove barriers and provide access to the support and resources for the journey ahead. While we have a method that is designed to bring healing, life skills and employment, we're also intentional about our relationships. We are fully present in each sister's story and care for her deeply on her personal journey to healing. This means that every path will be unique. In addition to healing of body, mind and spirit our home places a strong emphasis on employment. We're all created with gifts and talents to offer the world so believe that employment goes a long way to restoring dignity. For this reason, we've become a mission with a business that offers employment within our home. Our sisters learn to work together, make something beautiful and earn a paycheck.

To learn more, go to the website: <https://sosstjoe.org>